

25 MARCH 2022

# IN THE LOOP

## Updates for the Secondary parents of BMIS



### OVERVIEW

### This week in our **BMIS** community

Second last week of Term 2 and boy oh boy are we packing in the learning and fun!

We have had so many social events, learning celebrations and competitive sporting events this week, that it's a jam packed 8 page issue!

BMIS campus is alive, from hosting our first Secondary Disco in years, to inviting KA down for sporting competitions on Saturday, celebrating our DP Arts students with our BMIS and Lilongwe Community, all while learning in the classroom and keeping our service initiatives moving forward.

One particular highlight this week included welcoming alumni Lerato Honde back to BMIS as the guest speaker for our DP Arts Evening. Lerato spoke eloquently and fondly of her time at BMIS and how it laid the foundation for her passions and career. Lerato is cofounder of the Wona Collective, "which seeks to shed light on the lived experiences of Malawians, with a special emphasis on women and marginalized groups." Her reflections on her journey were truly inspiring, with a key take away being that we don't want to pursue perfection, because failure is at the true heart of learning and growth - what a powerful message for our students!

I have also been incredibly inspired by our Womanifesto Team who saw a need in our school (accessibility of sanitary products in our student bathrooms) and are looking at a sustainable approach to ensuring that our bathrooms are both comfortable and safe.

I'm so excited to share these celebratory and inspiring updates with you this week, so please settle down and grab a "cuppa" as you stay "In the Loop!"

Kathryn Leaper  
k.leaper@bmis.mw

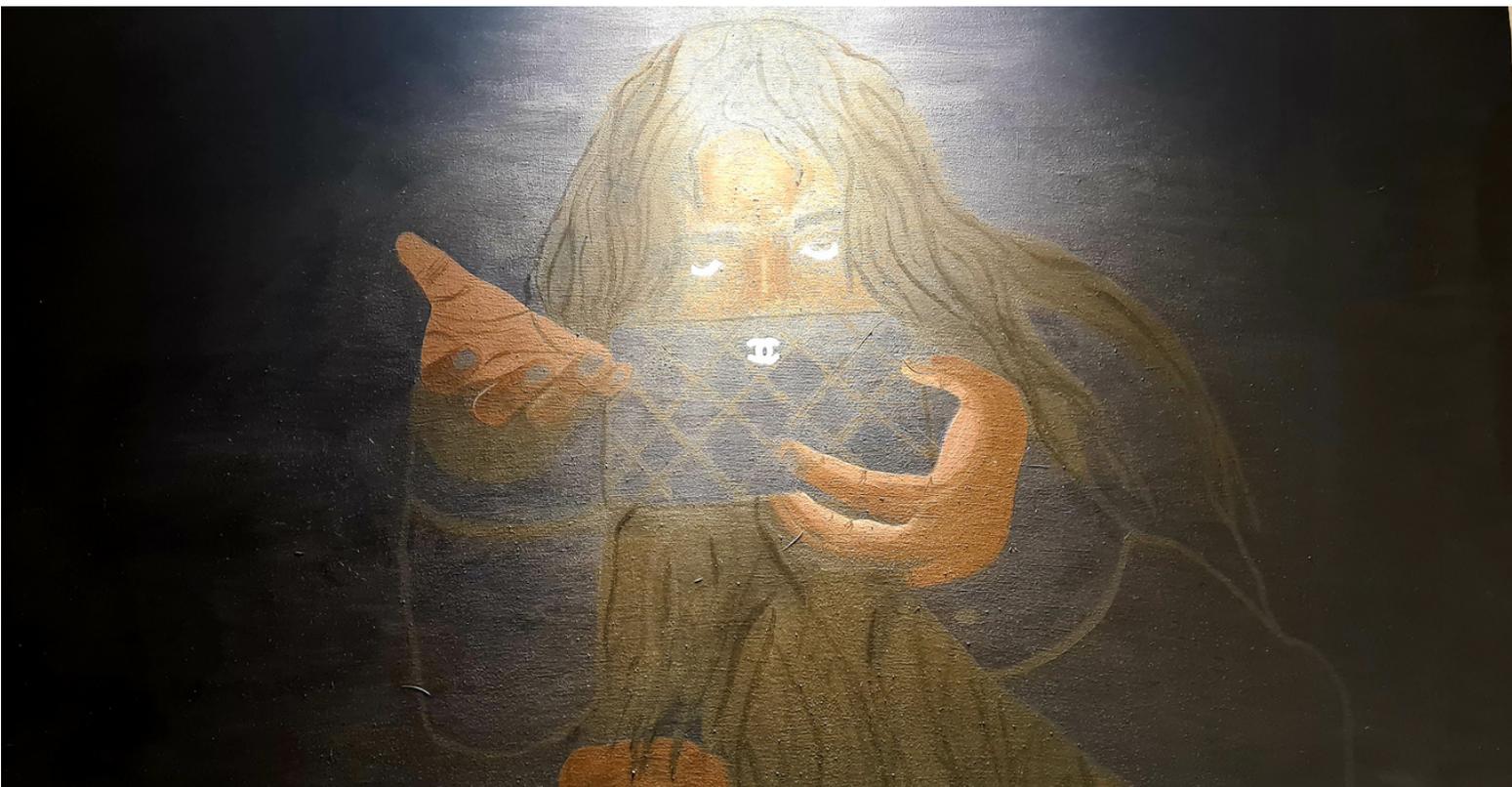
- DP Arts Evening
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## DP Arts Evening!

Last night we hosted our DP Arts Evening, a spectacular event which was such a special celebration of our Year 13 students hard work! HL Theatre students Skyla and Takondwa and Visual Arts student Zahra, Razan, Sarah, and Rose showcased their labours of love and the audience was blown away! It was an absolute pleasure being able to host Lerato Honde (BMIS alumni) as our guest speaker. She was inspiring sharing with us that there is no joy in perfection, and that failure is such a crucial part of life and learning. We then began the evening with Skyla's Artaud (theatre of cruelty) inspired performance, which shook everyone to the core, moving to Takondwa's Suzuki (physical and grounded) inspired performance, which had everyone laughing. Zahra then treated us to a fashion runway of her DP Art exhibition, inspired by paper origami, which was impressive to see. We then enjoyed Razan's exploration of the juxtaposition of poverty and wealth, moving to Sarah's pieces that commented on female body image, and finally Rose's art that looked at the Malawian male culture in relation to the Gule Wamkulu. Each of the artists gave us much to reflect on and enjoy! Congratulations ladies! A HUGE thank you to the Arts department for their support to make this evening happening, with special thanks to DP Theatre and Visual Arts teacher Grace Woods and Jo McClenahan. If you missed out this time, make sure to mark this event in your calendar for next year!





## Weekend Sports!

Last Saturday morning, BMIS hosted KA for a girls and boys rugby tournament.

Bethany DeBorde shares:

*Last weekend the junior girls played so well. We won 4 - 1 in the first match and 3 - 1 in the second match! We all really enjoyed playing and we all want to thank Mr. Brown and Mr. Mac for training us and getting us ready for this small match we had. We all had so much fun and can't wait for next year's rugby season! -Betty*

Mr Black shares:

*The U14 and U19 boys rugby teams took to the field to compete in their first matches in over 2 years. Whilst the results didn't go our way it was a fantastic day of sport with some outstanding performances. Both teams demonstrated courage and adversity and kept fighting to the last second. We look forward to our U19 match v Hippos U19 tomorrow morning.*

There was such a great spirit on the BMIS campus as we enjoyed the friendly competition of KA! Thanks to everyone from the **community** who came down to support!



## More weekend sports!

After the rugby some of our students went straight into an afternoon of Basketball at ABC! They had so much fun - check out the pics below!



Back after a three year break...

## LILONGWE TRIATHLON



**Mini Distance**  
(solo, < 13 years old)

100m swim  
4km cycle  
1km run

**Sprint Distance**  
(solo or team)

750m swim  
20km cycle  
5km run

**Olympic Distance**  
(solo)

1.5km swim  
40km cycle  
10km run

Sunday, 8th May, 2022

Bishop Mackenzie  
International School, Area 3

5,000 MWK Individual Mini

10,000 MWK Individual Sprint/Olympic

15,000 MWK Team Sprint

**REGISTER TO PARTICIPATE**

[lilongwetriathlon.com](http://lilongwetriathlon.com)

**WANT TO VOLUNTEER?**

[m.smith@bmis.mw](mailto:m.smith@bmis.mw)  
[wsas1996@gmail.com](mailto:wsas1996@gmail.com)

**It's always worth a tri!**

## Lilongwe Triathlon

The Lilongwe Triathlon is fast approaching and we encourage you all to get involved!

Whether you are keen to participate or want to volunteer, we would love to see you at this BMIS **community** event!

To register you can visit the website:  
<https://www.lilongwetriathlon.com/>

Or if you would like to volunteer, please reach out to Matt Smith:  
[m.smith@bmis.mw](mailto:m.smith@bmis.mw)

This is always such a family fun event, so please come out to support!



## Maths problem solving

Earlier this week in our staffroom, Maths teachers Francis Mponda and Toby Gilbert, and Science/Physics teacher Sam Giblett, were working together on maths problems!

I love seeing our teachers come together to discuss and solve problems - it creates such a caring and collaborative working environment!

# STUCO Disco

Our Secondary students had so much fun at last Friday night's STUCO Disco. The hall was awash in hues of purple, the music was pumping from the speakers and there were so many excited, happy, smiling faces, enjoying their time together. A huge thank you to the STUCO Core, STUCO class reps, and PROM Committee who worked hard together to plan the event and refreshments. It was so lovely to see our students bonding together on a Friday night, including students from Year 7 all the way through to Year 12!

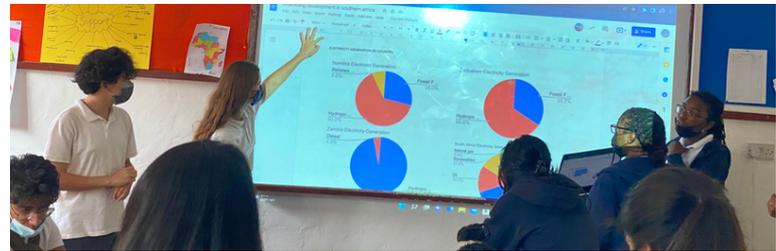


## I+S in Year 11

Year 11 student, Marco Wheeler, shares an update on his class' current I+S Development Unit:

*This term in Individuals & Societies we have been looking at development, in this unit, we have explored the concept of development from a variety of angles, with a focus on sub-Saharan Africa. Initially, we familiarised ourselves with key terms and ideas through reading part of Walter Rodney's "How Europe Underdeveloped Africa" and furthered our understanding through holding a productive group discussion.*

*From this point, we wanted to dive deeper to examine disparities between different areas within the region. Each person investigated a different country within their group's region (West, East, Central, or Southern) and gathered statistics pertaining to a variety of factors related to development as a whole, like GDP per capita or literacy rate. With this, we created graphs to help visualise the trends and presented all our findings to the class. Overall, our work in this unit has helped develop our development knowledge, specifically with regards to the effect of colonisation and the interconnectedness of everything.*



## Term 3 ECP!

Our Secondary ECP Coordinator, Nate Cole, shares:

*Teachers have already been organizing and planning for Term 3 ECP activities, which will begin on Monday, April 25th. Students will be sent the sign-up survey by email early next week. We are excited to be adding some new activities, while also retaining some of our popular programs. As in the first two terms, we are striving to provide as many different kinds of activities as possible and look forward to continuing to strengthen our community through our ECP in Term 3. We are pleased to provide a preview and descriptions of the activities to be offered, which can be seen by clicking [HERE](#). Additional details and final confirmation of the schedule will be sent along with the sign-up survey next week. Any questions or feedback is greatly welcomed and can be sent to Nate at [n.cole@bmis.mw](mailto:n.cole@bmis.mw).*

A reminder that Term 2 ECPs end this week.

Transitions are hard. Leaving is difficult. Even staying is challenging.

We are coming up to the time of year when many families move on and leave BMIS and Malawi. While children are said to be "flexible, resilient, and adaptable" - transitions are just as difficult for them as they are for you. Both adults and children need to intentionally prepare themselves for moving. Leaving well allows one to arrive well in the next location.

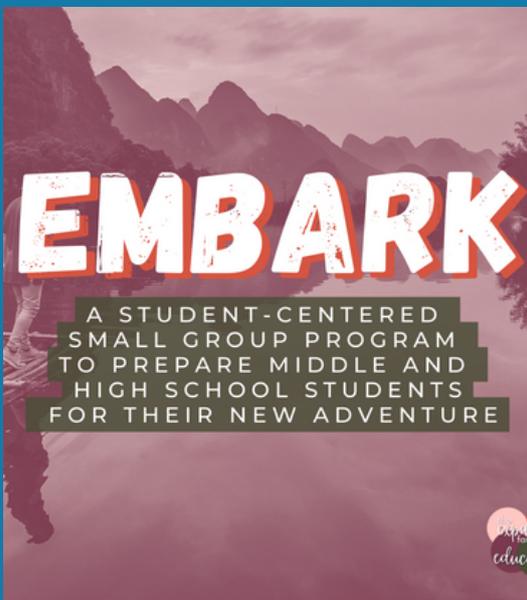
Being left behind is also challenging, as students lose friendships and receive new people into the community year after year. Staying students also need time to say goodbye, are encouraged to join this program.

In Term 3, Alicia Giblett - The Expat Family Educator - will be offering "EMBARC". This is a 6 week program designed to help students leave well and stay well. For more information about the process she will be using - please visit <https://www.aliciagiblett.com/embarc> or download the brochure by clicking here.

EMBARC will be offered on-campus during extracurricular program times, on Wednesdays. Once for Year 7-9, and once for Y10-12. The cost is 30,000 mkw per student for the whole 6 week program. To sign up, please use the BMIS ECP sign-up form and procedures.

Please consider giving your child the gift of time, space and opportunity to prepare for their next adventure.

Alicia Giblett: [alicia.giblett@gmail.com](mailto:alicia.giblett@gmail.com)



DATES: 28TH MARCH - 31ST MARCH 2022  
WHAT TO BRING : PADS, TAMPONS, AND OTHER SANITARY PRODUCTS  
WHERE TO PLACE THEM : BOXES IN THE BATHROOMS!

## WOMANIFESTO PAD & TAMPON DRIVE



LET'S MAKE THE BATHROOM A COMFORTABLE PLACE

LET'S MAKE THE BATHROOM A COMFORTABLE PLACE



## Disney Damsels in Distress

A GAL'S NIGHT IN  
PRESENTED TO YOU BY THE BISHOP  
MACKENZIE THEATRE DEPARTMENT.



Friday March 25, 2022 7-8:00pm

Pre Paid Tickets: 4000 (includes drink and snack)  
on the door ticket: 2000 (no inclusion but food available to buy)

Location: Canteen

Dress code: comfy sleepwear and blanket

p.s Pre paid tickets collect from Miss Woods.

Food and drinks will be on sale at the event

### Womanifesto: Pad and tampon drive

Womanifesto is a CAS project started by Y13 students (Takondwa, Skyla, Adaeze, Faith and Sarah), to help provide period products to the secondary girl's bathrooms. After interviewing different year groups the Womanifesto group discovered that many girls in BMIS were uncomfortable with walking all the way to the nurse's office for a pad. In order to make the bathrooms a more comfortable and safe place, we have decided to hold a sanitary product drive where we will be collecting sanitary products in boxes placed in each of the girls' bathrooms. We are also holding a talk with the 7-9 girls about UTIs, period, and consent. From Monday 28th March to Thursday 31st March, we will hold a period products drive where students bring in period products (e.g. pads, tampons, wet wipes, etc.). These products should be placed in boxes, located in the girl's bathrooms. Everyone is encouraged to participate!

Thank you - Womanifesto team

### Put it in your calendar:

#### Friday 25th March

Damsels in Distress theatre performance @7.00-8.00pm in the Canteen.  
MWK4000/ticket

#### Wednesday 30th March

Ingenuus (BMIS Literary Magazine) will be released!

#### Friday 1st April

Year 13 students' last day; last day of Term 2. School closes @12.15pm

#### Tuesday 19th April

First day of Term 3 - welcome back!

#### Friday 22nd April

Earth Day

#### Monday 25th April

Term 3 ECPs begin

#### Monday 2nd May

Labour Day Holiday - no school

#### Tuesday 3rd - Friday 6th May

Teacher Appreciation Week



WESM's Annual Garden Bird Count will take place this coming weekend, March 26-27. Please join us by spending an hour, or more, counting the birdlife in your garden. You do NOT need to be an expert to take part; we will provide an identification tool and counting templates.

Please email [wesmevents@gmail.com](mailto:wesmevents@gmail.com) to register.