

25 FEBRUARY 2022

IN THE LOOP

Updates for the Secondary parents of BMIS



OVERVIEW

This week in our BMIS **community**

It has been such a wonderfully busy week! So much so, that I've had to hold back some of this week's activities and share them with you next week!

The school has been abuzz, and this week our learning celebrations and service activities have taken centre stage!

We were so fortunate to be able to celebrate our Year 11 Personal Project Exhibition in person this year (the first time in 3 years!), which was such a special and inspiring event. Our Year 11 students spoke about their learning journeys, sharing their passions and reflections on the last 8 months that they were engaged with their Personal Projects. If you didn't get a chance to see the Exhibition, there are some pics featured herein. Our students should be incredibly proud of their learning and achievements, which they spoke about, so eloquently, to a number of students and parents. It was also exciting to hear about how some of our students' projects are leading to service as action. For example, Priyasha created a braille chess board, and Atu Mdeza (our Service and CAS Coordinator), has already been in touch with someone from the Ministry of Education, who is interested in Priyasha's work! Authentic service connections are what we are all about here at BMIS!

Speaking of service, I am so impressed to share our Year 12 CAS learning experiences. All of our Year 12 students have shared the service activities that they are engaged in, and also highlighted how they are being creative and active! Enjoy reading about all the incredible things they are doing!

There really has been so many wonderful things happening in Secondary this week, and it makes me so proud to be a part of such a caring, vibrant, and inquiring learning **community!**

I'm excited to share this week's updates with you, so please grab a "cuppa" and settle down as you stay "In the Loop!"

Kathryn Leaper
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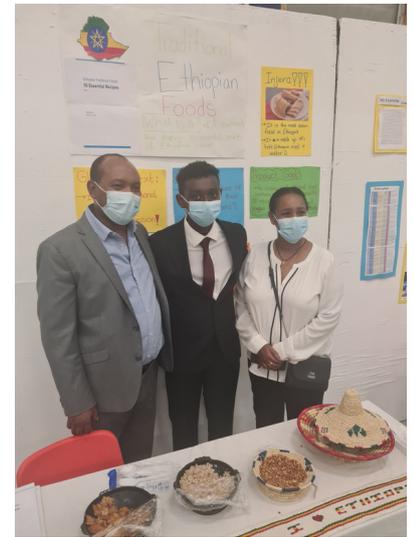
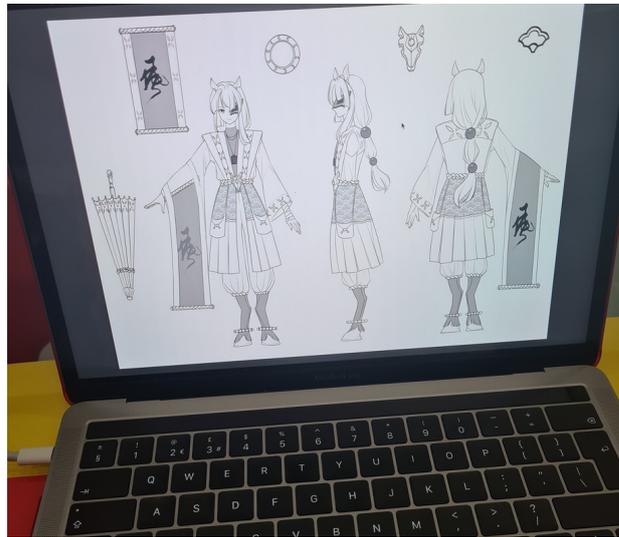
- Y11 Personal Project Exhibition
- Student Spotlight: Year 12 CAS
- College Corner with Charlie Bowles
- Chemistry!
- Year 7 Science
- More Science!
- Wellbeing Parent Workshop
- Y12 Fishbowl
- Put it in your calendar

*Education is for
improving the lives of
others and for leaving
your community and
world better than you
found it.*

-Marian Wright Edelman

Year 11 Personal Project Exhibition!

WOW! WOW! WOW! I was truly blown away by our Year 11's PP Exhibition, which was held Tuesday and Wednesday this week. Students from Year 6 through to the Secondary, had an opportunity to visit the exhibition to learn more about our Year 11 students' passions and learning journey over the last 8 months. The exhibition culminated in a celebration evening for Year 11 and 10 families, and the students' teacher supervisors. I am sure that everyone who attended the exhibition would agree with me that the students were articulate, insightful, and engaging when talking about their Personal Projects - overall simply marvelous! Congratulations Year 11! The PP journey for our current Year 10s starts in June!



Student Spotlight: Year 12 CAS (Creativity, Activity, and Service)

Our Year 12 students have been working hard behind the scenes throughout Term 1 taking on Service leadership roles from the Year 13 students who are preparing for their finals. Our Year 12 students are now settled into CAS and we now have new leaders for all our Service activities.....

Emma Almeida

Hi I'm Emma. I am the School Service director. For my service I have taken sole leadership of Eco Warriors. In this activity I hope to bring my personal insight, passion and creativity to push the activity to boundaries they haven't been to before. I also aim to encourage younger students to find the love I feel for the activity and to take what they have learnt and use it in their lives out of school. For my creativity I have been gathering and creating a series of art pieces that are directed to different issues faced within communities. As for my physical activity I have been developing a personal fitness diary and following it as much as possible. Below are some images taken by eco-warriors doing what we enjoy whilst helping out the environment!!



Ammarah Aboobaker

Hey there! My name is Ammarah and I'm a Year 12 student. For my CAS I decided to choose an activity in which I can have fun leading and exploring new ideas with different people from different years and then incorporate that in my Creativity and my Activity. For my Creative I decided to take my inner artist and create weekly sketches on two main themes; sceneries and relationships with different people in my life. For my Activity I chose Yoga because I realised that throughout these two years in IB I will need to get time and relax, I personally feel that I can not relax as an individual so by joining the Yoga club every Monday from 3pm-4pm really helps me to destress myself.

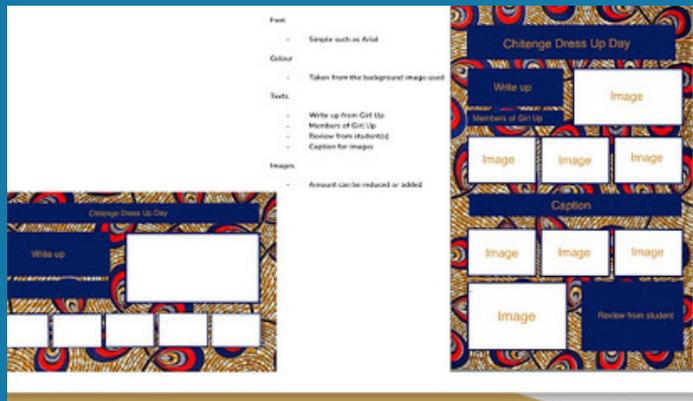


Lastly for my Service I also chose a creative and interesting activity which was Community Painting. Along with other Year 12 students I am also an activity service leader for Community Painting. By becoming a leader of this activity I will be able to improve on my leadership skills and engage with other year groups to explore and bring in new ideas. Together with the Year 13's we chose a theme to focus on, this year we chose Covid and how as an international school we can make school a friendly place in difficult and complicated situations. At the moment we are in the process of creating a Covid friendly art piece on wood to present to the parents, teachers and students of BMIS.



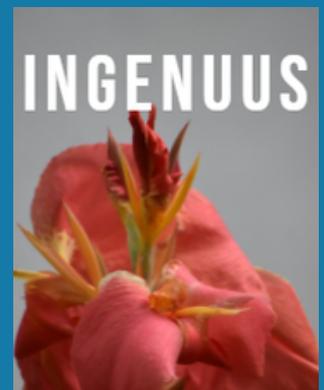
Xiaofan Liu

I'm Xiaofan. In DP for service I am creating art to raise awareness for creativity, working out for activity to maintain a healthy lifestyle and I am leading Yearbook for service. This all helps in improving my organisation skills.



Langelihle Nkhoma

Hi, I'm Langa. For my CAS Service, I am a Y12 student leader for Literary Magazine where we work to create an outlet for BMIS students to express themselves. Currently we are finishing off the magazine and leading up to its release. For activity I engage in running in my neighbourhood. For my CAS creativity I'm teaching Mauro Frontini chichewa for one hour a week on mondays. This teaches Mauro the language and also helps me refine my understanding of it.



Yoann Kenguemba

My name is Yoann. As a service, I am doing "Interact". Interact works on different projects, aiming for the betterment of the community. We are currently working on helping the victims of the recent flood in the country. For my "Creativity", I am doing productive discussion. The concept is to discuss different concepts and topics that can help in gaining knowledge and build different aspects of one's personality. For my "Activity", I am doing gyming. I am trying to stay active and build muscle mass but it is also helping my mental health.

Atiyyah Nathanie

Hi I'm Atiyyah Nathanie and I am one of the Yr 12 leaders for Community paint which is my service. My activity is running once a week and my creativity is writing a novella over the course of the DP program.

Mauro Frontini

I am Mauro Frontini. In DP for CAS I am leading the Umodzi club for my service. In Umodzi, we work on embodying togetherness, aiming to inspire youth to take charge and make a difference within our community. For my activity I am focusing on running middle distances, and improving my skills as a runner as whilst working on my stamina and lap time. Finally, for my creativity I am learning how to crochet.



Kondwani Mlilima

Wagwan, My name is Kondwani. For the service aspect of CAS, I am a student leader and for Interact at BMIS. Recently this has been working on relief from the floods caused by Cyclone Ana and heavy rains in parts of Malawi. For my activity, I have been working out and placing an emphasis on the dietary aspect of working out in order to reach a healthier lifestyle. For my creativity I have been working on improving my electric guitar skills. One of the ways in which CAS has helped me develop my ability to take on larger responsibilities, especially in the form of Interact and having to head the projects which interact is taking on and being responsible for planning and executing the ideas, as well as being responsible for other students within the group. My activity and creativity have helped develop my skills with initiative as these are two ongoing projects that require a lot of attention and resolve to consistently do over a long period of time.

Day	Week 1	Week 2
Monday	Breakfast: 1 avocado w/ toast + scrambled eggs + baked beans Lunch: baked chicken breast + rice Dinner: Pork chops	Breakfast: 1 avocado w/ toast + scrambled eggs + baked beans Lunch: beef + rice Dinner: chicken salad (cut boiled chicken, mayonnaise, salt + pepper, lemon juice, cut lettuce)
Tuesday	Breakfast: 2 Pancakes w/ honey + 1 orange (not sliced) Lunch: cut steak + rice Dinner: salad (lettuce, tomatoes, avocado, black beans, american cheese)	Breakfast: 1 avocado w/ toast + scrambled eggs + baked beans Lunch: minced meat + rice Dinner: salad (lettuce, tomatoes, avocado, black beans, american cheese)

Aleena Rafik

I am Aleena Rafik and for my service I am leading community paint and in this activity I will be improving on my leadership skills as I will be leading this activity. For creativity I am tutoring my brother with his art assessments and this will improve my communication and creativity skills as I will be explaining to him what he should do but also helping him out and demonstrating what he should do. For my activity I play and practice football weekly and this will improve my football skills and I am also focusing on learning new skills that I could use in a game situation.



Mercy Jere

Hey, My name is Mercy. For my service, I am leading the club Umodzi. In the Club we are currently working on creating informational brochures on hygiene, and creating a safe space/environment on social media for all target audiences etc. In CAS, for my creativity I am creating a book filled with short vignettes, to try and improve my creative story writing skills. For my activity I do rebounding. Rebounding is a type of aerobic exercise that is performed while jumping on a mini-trampoline. Jumps can be fast or slow, and can be mixed with rest or aerobic stepping 3 times a week for 60 minutes.



Milkissa Eba

My name is Milkissa. In my Creativity side for CAS i am working on making short videos about different social issues that can be used to raise awareness in the society through social media. For my activity, I am participating in working out in the gym 3 hours a week. Regarding my in-school service, I am part of the Health Awareness club. I am the leader of the service as well.



Gloria Bashige

I am Gloria Bashige. I am the student leader of the Interactive club in school. For Creativity, I am learning to play piano through pop songs . I learn to read music sheets and learn to play them. I have learned to play songs like 'Price Tag', and 'Amazing Grace'. As an activity, I am playing rugby with Venom. In this club I learned to play collectively and improve my skill in both rugby and teamwork.



Aya Sebti

Hello, I am Aya. I am leading the Service Year Book. For my creativity, I am creating and replicating healthy foods and snacks that fulfil my desired diet plans, and will allow me to reach my personal goals relating to my wellbeing and physical health. For my activity, I have been attending weekly rugby training sessions that my school has available, which allows me to focus on both physical health and development along with the growth of skill that Rugby requires. All of these activities have helped me develop my leadership skills as I have to make decisions and choices that are important for the process of the activities and along with leadership skills, I have also seen an improvement in my interaction skills with people around me that builds a sense of community that the school has been working to grow.



Swaleha Tayub

Hi everyone! My name is Swaleha. I lead the Health Awareness club as part of the service aspect of CAS. We have been working on raising awareness on mental and physical health issues. We have spent a lot of time developing our Instagram account, @healthawarenessbmis. As part of my creativity, I have been baking and developing a recipe book that contains all my tried and tested recipes. For my activity, I have been doing weekly workouts to keep myself fit and healthy.



Clarie Veen

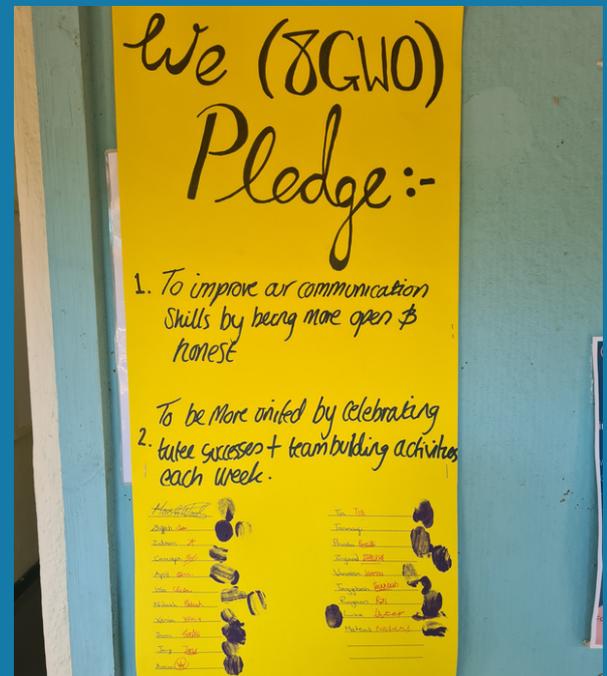
Hi all, Im Claire Veen, For my CAS program for service i am a leader for Health Awareness. So far we have had sessions to discuss our plans as a team, and our goals. For my creativity I am doing baking, where I practice and perfect different recipes as well as come up with my own recipes to be able to share with friends and family. Below you can see a chocolate cake I baked the other day and attempted a chocolate ganache icing for the first time. And lastly for my physical aspect of CAS I have been running, to work on both speed and distance to improve my physical health. Doing CAS will allow me to improve and enhance my leadership skills and personal development.

Update on donations from Y13 Poetry Night

Hello everyone we just wanted to thank all of those who donated at our poetry night in November!! The 200,000mwk has been put to great use, clothes and blankets have been bought for those on the baby ward as the cold season approaches. Emergency tests that arent usually in the budget or available have been able to happen because of these donations. Dr. Emma Cartmell just wanted to thank you for all the donations and show you how they are being used in the KCH wards. All the doctors were delighted with the news of this donation and the tests it could provide for so a big thank you from us!!
-Rose, Hana, Ada and Razan



7BMA Community Pledge



College Corner with Charlie Bowles

Even while our Y13 students are working hard to prepare for Mock Exams and the high assessments that follow, they are receiving uplifting news that will help propel them towards the finish line. That's right, our seniors are starting to receive decisions from colleges that they applied to. They are being flooded with good news and have so much to be proud of.

Many students are still waiting on decisions and scholarship notification and a few have not yet completed all of their applications as global institutions have wildly unique deadlines. Most acceptances at this point are conditional, and will become firm after students' IB results are available in July. Still, they have a lot to celebrate right now, so it's the right time to start recognizing the incredible options that our students have in front of them.

Here are the universities and programs our students have been admitted to already, and any scholarships they have received:

Hana Cho Domo

University of Toronto (Canada) - Honours Biology (Conditional)
University of Toronto (Canada) - Biology (Conditional), and has been awarded a 50,000 CDN scholarship
University of Waterloo (Canada) - Science, Conditional
University of Waterloo (Canada) - Honours Environment and Business (Conditional)

Aditya Chockalingam

Middlesex University (Dubai) - Conditional
Kingston University (UK) - Cyber Security & Digital Forensics (Conditional)
Staffordshire University (UK) - Cyber Security (Conditional)
De Montfort University (UK) - Computer Science (Conditional)
University of Chester (UK) - Cybersecurity(Conditional)

Razan Diab

Nottingham Trent University (UK) - International Relations (Conditional)
Nottingham Trent University (UK) - Media and International Relations (Conditional)

Adaeze Ideh

SOAS University of London (UK) - Politics and International Relations (Conditional)
Richmond, The American University (UK) - (Conditional)
University of Sussex (UK) - International Relations (Conditional)
University of Bristol (UK) - Politics and International Relations (Conditional)

Zarah Jagot

Birmingham City University (UK) - Interior Architecture and Design (Conditional)
De Montfort University (UK) - Architecture (Conditional)
De Montfort University (UK) - Interior Design (Conditional)

Alveena Mohomed

Istituto Marangoni London (UK) - Fashion Design (Conditional)

Faith Mbozi

Rollins College (USA) - Awarded a 96,000 USD scholarship

Nimaye Nambiar

Cardiff University (UK) - Media, Journalism and Culture (Conditional)
Loughborough University (UK) - Media and Communication with a 25% scholarship (Conditional)
Goldsmiths, University of London (UK) - Media and Communications (Conditional)

Lorenzo Parisotto

University of Amsterdam (the Netherlands) - (Conditional)
Eindhoven University (The Netherlands) - Mathematics (Conditional)

Sarah Siljeur

Brunel University (UK) - Business and Management (Conditional)
Lancaster University (UK) - Business Management (Conditional)
University of Brighton (UK) - Business Management (Conditional)
University of Reading (UK) - Business and Management (Conditional)
Geneva Business School (Switzerland) - Business Management with a specialization in international management (Conditional), with a 15% scholarship for the first semester

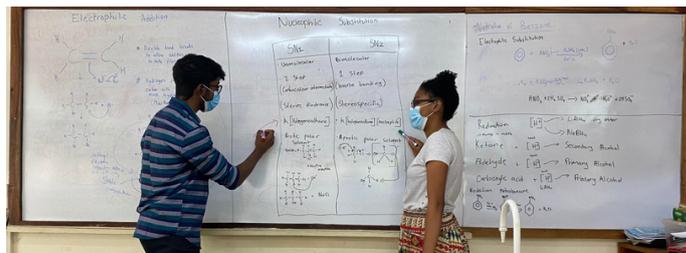
Iqra Tayub

De Montfort University (UK) - Pharmaceutical and Cosmetic Science (Conditional)

If you see one of these students, congratulate them on their successes. There will be more good news to report in the near future as the last applications are sent in, decisions are made, and scholarships are awarded. I, for one, can't wait to see what the coming months bring.

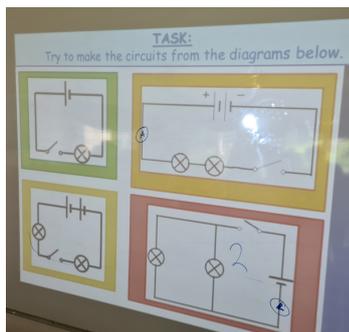
Y13 Chemistry

Aditya and Faith revising HL Chemistry Organic Mechanisms, actively preparing for their upcoming Chemistry test and Mock Examination. Impressed!



Y7 Science

I popped into a Year 7 Science experiment, where they were learning about parallel and series circuits. I loved that the students were able to share their learning with me, talking me through what they discovered through their inquiry. Learning at its best!



More Science!

Sam Richards, our Biology teacher, welcomed Year 6 students into her lab this week! It's always so great to see the Primary students engaging with Secondary!



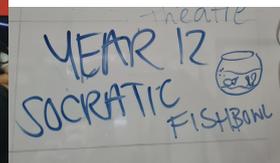
Wellbeing Parent Workshop

On Monday morning our Secondary Counsellor, Mariella Vittetoe Castillo, hosted a parent workshop, introducing the PERMA-H model of wellbeing, that we are sharing with our students. It was an interactive and informative workshop, which allowed us to explore what wellbeing is, and how we can take steps to support our children's wellbeing. Mariella will continue to host regular parent workshops, so please keep an eye out and come along!



Y12 Fishbowl

I really enjoyed attending our Year 12 Language and Literature students' first Fishbowl Socratic Seminar. that was inquiring into poetry, what defines poetry, and whether lyrics can be deemed poetry. There were some really interesting perspectives and questions brought to the discussion! I don't know about you, but I haven't seen a Fishbowl discussion before - it's a great learning strategy though, that I will be bringing to my classroom practice!



Put it in your calendar:

Thursday 3rd - Sunday 6th March
Martyrs' Day long weekend (no school)

Monday 7th - Friday 11th March
Y13 DP Mock Examinations

Tuesday 8th March
International Women's Day. Dress up in purple to celebrate!

Tuesday 15th March
Secondary Inter-House Swim Gala

Thursday 17th March
STUCO assembly @1.00pm in the lower hall. Parents welcome. Student performances including the winners of the Talent Show.

Friday 18th March
STUCO presents: Secondary Student Disco @6.30-9.00pm in the Lower Hall. BMIS students only. Tickets MK2000 presale or MK4000 at the door.

Thursday 24th March
DP Art Exhibition. More information to follow

Friday 1st April
Year 13 students' last day; last day of Term 2. School closes @12.15pm

MOONLIGHT Rhapsody DISCO

@LOWER HALL
18 MARCH
MWK2,000 TICKET
MWK4,000 AT THE DOOR

Remember This Feeling

BMIS STUDENTS ONLY
6:30 - 9:00
SNACKS AND DRINKS WILL BE SOLD. BRING CASH.

TICKETS SOLD AT THE CANTEEN FROM THE 7TH-16TH OF MARCH